

HERBAL STRESS RELIEF

Offers natural stress relief while helping the body maintain and/or restore maximum performance balance.

Solutions4 Herbal Stress Relief is an enhanced Valerian Root Formula which acts as a natural and relaxing stress-reliever. Valerian is a perennial plant found in New England and Europe. The root has been blended with Hops Flowers, Chamomile Flowers, and Passion Flowers in a synergistic formula. These ingredients have traditionally been used for relaxation.

Suggested Use: 2 capsules daily, one capsule morning and one capsule evening (more may be taken if desired but do not exceed 12 capsules in one 24-hour period).

2 capsules daily will last: 45 days

Size Available: 90 capsules

Shelf Life: 7 years

Ingredients:

PASSION FLOWER—Sedative, calms the nervous system and promotes sleep.

VALERIAN ROOT—Very potent tranquilizer, antispasmodic, and mild anodyne.

CHAMOMILE FLOWER—Sedative, good for excitement and nervous stomach.

HOPS FLOWERS—Sedative, restoring tonic for the nervous system.

CATNIP—Antispasmodic, digestive stimulant, promotes cooling.

LAVENDER FLOWER—Sedative and analgesic; antispasmodic.

MYRRH GUM—Immune stimulant, circulatory stimulant.

SPEARMINT LEAVES—Antispasmodic, digestive tonic, promotes bile flow. Relaxes peripheral blood vessels.

