

VITAMIN D

Studies have shown that adequate amounts of vitamin D in the body can decrease the risk of diseases, such as cancer, osteoporosis, depression, Alzheimer's and many others. Solutions4 Vitamin D, in an easily-absorbed liquid gel form.

Features and benefits:

- Bone strengthening
- Lower risk of disease and infection
- Immune boosting
- Decrease cognitive decline with aging

Suggested Use: 1–2 softgels, one time daily

1 softgel daily will last: 150 days

2 softgels daily will last: 75 days

Size Available: 150 softgels (1000 IU each)

Shelf Life: 7 years

Ingredients:

VITAMIN D3 (Cholecalciferol)—The most potent form of supplemental vitamin D. 1000 IU per day provides enough vitamin D to rectify most deficiencies and supply the body with optimal levels of this beneficial immune-boosting nutrient.

